

2025 DIXON U6 SOCCER RULES

The goal of the Dixon Soccer Club U6 league is to introduce children between the 2020 and 2021 birth years, in the best way possible to the sport of soccer. For most of these players, this may not only be their first time playing soccer, but to sports in general. It may also be their parent's first involvement with soccer. We want to promote the **recreational** aspect of the sport of soccer and make sure all of the people involved with the U6 program (parents, players and coaches) understand the goals we wish to attain.

The following is a list of rules that will be used in order to help facilitate the function of the U6 league.

- 1) All of the players will play at least half of the game
- 2) The games will be played in (4) 10 minute quarters with a 5 minute break at the half way point of the game
- 3) All restarts of the game, after a goal or a new quarter, will be done with a kick off from mid field
- 4) There will be a total of 6 players on the field (No Goalie). Of the 6 field players, at least a minimum of 2 players shall be girls
- 5) The games will start promptly at the scheduled 6pm time
- 6) Game days will be every Tuesday and Thursday, beginning on Tuesday Aug 26.
Games will be located at the Dixon Mayfair Grounds.
- 7) All the players will be required to wear the appropriate league uniform for each game (this includes shin guards and any soccer style footwear) The players will not be allowed to play unless all the proper equipment is worn.
- 8) Each team is responsible for setting up and taking down a goal and 2 corner flags
- 9) Each team is responsible for making sure their sideline is clean after the game
- 10) The club will not provide referees for the games. The coaches will be responsible for overseeing their games
- 11) The coaches are responsible for maintaining control of their sidelines. This includes communicating with the parents to make sure there is no excessive noise or celebration coming from the sidelines.
- 12) No dogs allowed at soccer games. This is a rule from SYSL, NorCal, CalNorth, the schools and parks that allow us to use the fields.

- 13) The coaches are responsible for controlling the level of aggressiveness being displayed on the field. Do not allow the kids to pull, push or shove other players
- 14) If one team is dominating the other(6-0, 7-0, etc...), the coaches shall take the appropriate measures to prevent the situation from getting out of control (i.e., require more touches prior to taking a shot on goal, rotate players in and out more frequently, etc.,)
- 15) On throw-ins, when a bad throw-in is made, the player will be given another chance to throw in the ball by teaching them the proper technique
- 16) **NOT ALLOWED:** Slide Tackling, Heading the Ball, Penalty Kicks, Corner Kicks, Drop Balls
- 17) On a goal kick, the opposing team will need to move to mid-field prior to the ball being put in play. Once the ball is put in play, the opposing team may cross the mid field line
- 18) There is no off-sides rule, but do not allow your players to stand in front of the opposing goal waiting for the ball
- 19) No jewelry, watches, hair pins or casts shall be worn
- 20) No substitutions are allowed during the quarters unless it is for the replacement of an injured player or the changing of players to help prevent the score from being run up. If a player stands in the field and does not want to play, they can be removed during the quarter
- 21) Enjoy the games and have a great time