

2025 U8 SOCCER RULES

The goal of the Dixon Soccer Club U8 league is to build from the U6 program for children between the 2018 and 2019 birth years. For some of these players, this may not only be their first-time playing soccer but playing sports in general. It may also be their parent's first involvement with soccer. We want to promote the **Recreational** aspect of the sport and make sure all the people involved with the U8 program (parents, players, coaches, family, and friends) understand the goals.

The following is a list of the modified FIFA rules that will be used to help facilitate the function of the U8 league. This is an in-house league, so the rules are modified for our play.

1. All the players will play at least half of the game. If a player is being disciplined and will not play at least half of the game, please make sure the referee and parents are informed.
2. All the players will be required to wear the appropriate league uniform for each game (this includes shin guards and any soccer style footwear) The players will not be allowed to play unless all the proper equipment is worn.
3. There will be 7 field players total, including the goalie.
4. The games will be played in (4) 10-minute quarters with a 5-minute break at the mid-way point of the game.
5. All restarts of the game after a goal or a new quarter, will be done with a kickoff from mid field.
6. The games will start promptly at the scheduled time.
7. All games will be played at Northwest Park. Refer to Park Field Map located on Club website for field locations.
8. The weekday games will begin promptly at 6:00pm Saturday games will begin promptly at 9:00 am. All team coaches will be responsible for set up and take down of the field.
9. The team listed first on the schedule will be the home team.
10. The Saturday 9am home teams are responsible for getting the equipment from the snack bar and setting up the fields. The away teams are responsible for taking down the field and taking the equipment back to the snack bar.
11. During the weekday games, each team is responsible for setting up the field and breaking it down.
12. The coaches are responsible for maintaining control of their sidelines. This includes communicating with the parents and making sure they understand the rules.
13. The coaches are responsible for controlling the level of aggressiveness being played on the field. Do not allow the kids to pull, push or shove other players.

14. If one team is dominating the other, 5 or 6 to zero, the coaches shall take the appropriate measures to prevent the situation from getting out of control to the best of their ability (i.e., require more touches prior to taking a shot on goal, rotate players around more frequently, etc.,)
15. There will be no score keeping.
16. The coaches will be responsible for officiating the games.
17. Coaches, players, and parents shall not argue, challenge, or show any dissent towards the opposing teams and shall adhere to the DSC code of conduct. Incidents where coaches fail to maintain control of themselves, or their sidelines will be documented, and a report will be forwarded to the DSC Penalty and Disciplinary committee for review. Disciplinary action from written reprimand up to and including expulsion from the club/league may be assessed.
18. On throw-ins, when a bad throw-in is made, the player will be given another opportunity to throw in the ball by teaching them the proper technique.
19. No slide tackling will be allowed.
20. No penalty kicks will be allowed.
21. No drop balls will be allowed.
22. No corner kicks will be allowed.
23. No heading will be allowed.
24. On a goal kick situation, the opposing team will need to move to mid field prior to the ball being put into play. The goalie will have the option to roll the ball out, throw the ball out, or place the ball on the ground and kick it. (**No punting is allowed**) Once the ball is put in play, the opposing team may cross the mid field line.
25. No substitutions are allowed during the quarters unless it is for the replacement of an injured player or the changing of a player to help prevent the score from being run up.
26. No jewelry, watches, hair pins or casts shall be worn.
27. Any discrepancies that may come up shall be mediated by both coaches.
28. No dogs allowed at soccer games. This is a rule from SYSL, NorCal, CalNorth, the schools and parks that allow us to use the fields.
29. This is not the World Cup. This is recreational soccer. Enjoy and good luck with the season.