

2026 U6 SOCCER RULES

The goal of the Dixon Soccer Club U6 league is to introduce children between the 8/1/2020 and 7/31/2022, in the best way possible to the sport of soccer. For most of these players, this may not only be their first time playing soccer, but sports in general. It may also be their parent's first involvement with soccer. We want to promote the recreational aspect of the sport of soccer and make sure all of the people involved with the U6 program (coaches, parents, players, family and friends) understands the goals we wish to attain. We would like everyone to enjoy the games and have great time.

The following is a list of rules that will be used in order to help facilitate the function of the U6 soccer league;

- 1) The games will be played at the Dixon Fairgrounds
- 2) The games will take place every Tuesday and Thursday, beginning August 25 at 6pm
- 3) All the players will be required to wear the appropriate league uniform for each game (shin guards and any soccer style footwear)
- 4) The players will not be allowed to play unless all the proper equipment is worn
- 5) Each team is responsible for setting up and taking down a goal and 2 corner flags
- 6) The coaches are responsible for maintaining control of their sidelines (Please try to limit excessive noise or celebration)
- 7) The coaches are responsible for controlling the level of aggressiveness. Do not allow the kids to pull, push, kick or shove other players
- 8) If one team is dominating the other team (4-0, 5-0, etc.,) the coaches shall take the appropriate measures to prevent the situation from getting out of control (i.e., require more passes prior to taking a shot on goal, substitute out players)
- 9) The games will be played in (4) 10-minute quarters with a 5-minute break at the halfway point of the game
- 10) All of the players are required to play at least half of the game
- 11) There will be a total of 5 players on the field (No Goalie). Of the 5 field players, a minimum of 2 players shall be girls
- 12) No substitutions are allowed during the quarters unless it is to replace an injured player or to change players to help prevent the score from being run up. If a player stands in the field and does not want to play, they can be replaced during the quarter

- 13) All restarts of the game, after a goal or a new quarter, will be done with a kick off from midfield
- 14) The coaches will be responsible for officiating their own games
- 15) On a goal kick, the opposing team will need to move to midfield prior to the ball being put in play. Once the ball is put in play, the opposing team may cross the midfield line
- 16) If the ball crosses the goal line and goes out of play, the game will be restarted with a goal kick for the defensive team
- 17) If the ball crosses the touch line and goes out of play, the ball will be put in play with a kick-in. The opposing players need to stand 5 yards away from the ball
- 18) There is no off-sides rule, but do not allow your players to stand in front of the opposing goal waiting for the ball
- 19) **NOT ALLOWED:** Slide Tackling, Heading the Ball, Penalty Kicks, Corner Kicks, Throw-ins, Drop Balls, Jewelry, Watches, Hair Pins or Clips, and Casts
- 20) No dogs are allowed at soccer practice or games, except for service dogs
- 21) Each team is responsible for making sure there sideline is clean after the game